

cosmos®

July 4–15, 2026

Heart of the Canadian Rockies with Calgary Stampede

12 DAYS FROM CALGARY TO VANCOUVER

Welcome to Calgary! More fun than a 10-gallon hat can hold, it's no wonder the Calgary Stampede is "the greatest outdoor show on Earth." This celebration of the Old West brings frontier days to life with entertainment and exhibits, great food, world-famous Chuckwagon horse races, and the Calgary Stampede Rodeo. Continue your adventure through the western Canada's breathtaking scenery, rugged mountains, breathtaking glaciers, mighty rivers, and gorgeous national parks. Your value-minded Canadian vacation takes you to Banff National Park, Jasper National Park, Kamloops, Victoria, and Vancouver. Enjoy two nights in Banff National Park, Canada's oldest national park and gateway to the Canadian Rockies with free time to hike, stroll along the river, enjoy the hot springs and check out the quaint shops, and also take an exhilarating optional excursion to view the incredible scenery by helicopter. Enjoy two nights in Jasper National Park, the largest national park in the Canadian Rockies with free time to hike, peruse the shops, and take an optional excursion to see beautiful Maligne Lake and Spirit Island. Between Banff and Jasper, you'll experience a highlight of this Canadian Rockies tour—a thrilling ride aboard an Ice Explorer all-terrain vehicle to the Athabasca Glacier, part of the Columbia Icefield, the largest expanse of ice in the Canadian Rockies. Your journey also includes a stop in Lake Louise, whose turquoise waters create a natural mirror that reflects the surrounding mountains and pristine wilderness. Embark on ferry crossings between Vancouver and Victoria and visit the world-famous, gorgeous Butchart Gardens. There's also free time in Victoria to explore on your own. Perhaps enjoy high tea at the Empress Hotel or take the optional Marine Wildlife & Whale-Watching Expedition. For the value-minded traveler, the stunning scenery, adventure, and natural wonders of this affordable vacation in Canada with the Calgary Stampede is the trip of a lifetime!



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Heart of the Canadian Rockies with Calgary Stampede



DAY 1

CALGARY

Welcome to Calgary, home of the Calgary Stampede! Your Tour Director is on hand from 3-6:00 p.m. to answer any questions.

DAY 2

CALGARY STAMPEDE GROUNDS

Welcome to Calgary and "The Greatest Show on Earth." Dressed in your best Cowboy fashion from belt buckles, boots to chaps, step through the gates of Stampede Park into a world of wonder, fun, and "Wild West" excitement with your included admission. Walk back in time and experience the traditions and culture of Canadian First Nations at Elbow River Camp or go try some of the interesting food at the Midway. Enjoy a wide variety of exciting talent on the many entertainment stages, and then maybe head into the dazzling array of international exhibits and displays of Western art. This evening, watch the heart-stopping Chuckwagon Races in an all-out dash for the finish line, an amazing contest of nerves and horsepower. You'll be out of your seats cheering on your favorite driver during each heat. Afterward, get ready for an outdoor stage show featuring hundreds of singers, dancers, and musicians in a lavishly produced and choreographed musical variety spectacular.

DAY 3

CALGARY STAMPEDE GROUNDS AND RODEO

Fuel up for the day's activities by visiting Fluor Rope Square at Stephen Avenue Mall for a pancake breakfast. Return to the Stampede grounds this morning to see anything you missed yesterday, and cheer on your favorite rodeo contenders. If you haven't already, get suited with a cowboy hat, shirt, and boots at one of the many stalls before heading to the Grandstand for the Calgary Stampede Rodeo this afternoon. See the best of the best as they saddle up for world-class rodeo action. Top professionals take on the West's wildest horses. You'll also enjoy rodeo's most famed event—

bull riding! You will be in awe of the talent as you sit on the edge of your seat. Make the most of your time here and discover Canada's country core. With square dancing, mock gun fights, country bands, bars, restaurants and livestock, there is loads to see.

DAY 4

CALGARY–BANFF NATIONAL PARK

The discovery of oil converted this ranching town into a sophisticated city. Sightseeing includes downtown, Fort Calgary, Stampede Park, the Saddledome, and Canada Olympic Park. Motor west through the foothills and into Banff National Park, gateway to the majestic Canadian Rockies. An orientation tour highlights Banff's unspoiled beauty.

DAY 5

BANFF NATIONAL PARK

Banff is one of Canada's favorite year-round resorts, with summer activities such as hiking, biking, and fishing. With a free day, your Tour Director will have many suggestions, including a sky-high adventure with an unforgettable optional helicopter ride over the incredible Canadian Rockies. Of if you prefer keeping your feet on the ground, join the Panoramas & Peaks* optional excursion to see breathtaking Moraine Lake in the famed Valley of the Ten Peaks.

*This optional excursion begins operating in early June.

DAY 6

BANFF NATIONAL PARK–LAKE LOUISE–COLUMBIA ICEFIELD–JASPER NATIONAL PARK

Enjoy a day of scenic grandeur. First stop is Lake Louise, whose turquoise waters create a natural mirror that reflects the surrounding mountains. Up next, a stop at the Columbia Icefield to experience the Ice Explorer, an all-terrain vehicle that travels on ice measuring 750 feet thick! Then, drive north into Jasper National Park, where precipitous gorges, snowcapped summits, and lakes of exquisite blues and greens come into view as your journey scales three mountain passes. Later, consider an optional float trip down the Athabasca River. Enjoy an orientation tour of the town of Jasper upon arrival.

DAY 7

JASPER NATIONAL PARK

Today, experience the magic of nature on an optional excursion to Maligne Lake and Spirit Island* where you'll embark on a narrated cruise to learn about the area's history, geology, flora, and fauna amid stunning scenery. The balance of the day is free to enjoy everything Jasper has to offer—from guided hikes and quaint shops to meandering wildlife.

*This optional excursion begins operating in late May/early June.

DAY 8

JASPER NATIONAL PARK–MOUNT ROBSON–KAMLOOPS

Depart Jasper and follow the Fraser River to the base of Mount Robson, which at 12,972-feet is the highest peak in the Canadian Rockies. The Yellowhead Highway continues south along the mighty Thompson River, with spectacular views of the Monashee Mountains. Overnight in Kamloops.

DAY 9

KAMLOOPS–FERRY CROSSING–VICTORIA

As you travel through British Columbia's Cascade Mountains and the fertile Fraser Valley to the majestic Pacific coastline, the vegetation changes from desert landscape to lush alpine forest. Board your ferry for the scenic crossing to Vancouver Island. Prior to arriving in Victoria, visit world-famous Butchart Gardens and view 55 acres of beautiful floral displays. Continue downtown and see the Inner Harbour, Bastion Square, and Thunderbird Park. This evening, consider a relaxing stroll along the lively Waterfront Promenade.

DAY 10

VICTORIA

Today is free to explore on your own. Your Tour Director will have ideas for enjoying this most British of Canadian cities. Perhaps enjoy High Tea at the Empress Hotel or choose an adventure at sea with an optional Wildlife and Whale-Watching Expedition, looking for whales, porpoises, seals, and eagles.

DAY 11

VICTORIA–FERRY CROSSING–VANCOUVER

This morning, set sail across the Strait of Georgia, an arm of the Salish Sea, and through the scenic Gulf Islands. In Vancouver, city sightseeing includes Stanley Park, Gastown, Chinatown, and other famous landmarks. The remainder of the day is free to explore this vibrant city known for its incredible scenery, thriving art scene, and diverse culture. Perhaps visit Robson Street and experience British Columbia's premier shopping and entertainment location.

DAY 12

VANCOUVER

Your vacation ends this morning. You may choose to extend your vacation with extra nights and explore Vancouver further.